East Haddam Senior Center January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED!	3 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	4 8:15 Pilates 9:00 Casino 10:00 Coloring	5 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help 1:30 Corn Hole/Ladder Ball	6 8:15 Pilates 10:00 Foot Dr. 1:00 Game Day
9 8:15 Pilates 1:00 Club Mtg.	10 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/Cromwll 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	11 8:15 Pilates 10:00 Coloring	12 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 Bingo	13 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
16 CLOSED ! Martin Luther King Day	17 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	18 8:15 Pilates 10:00 Coloring 1:30 Arts & Crafts	19 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Blood Drive	20 8:15 Pilates 1:00 Game Day
23 8:15 Pilates 1:00 Movie	24 9:00 Tai Chi 9:00 Reiki 9:00 Shopping/ Waterford 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	25 8:15 Pilates 10:00 Coloring 11:00 Mystery Lunch	26 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 10:30 C.O.A. Mtg. 1:30 Corn Hole/Ladder Ball	27 8:15 Pilates 8:30 Cora Msg. 12:00 Souper Bowl
30 8:15 Pilates 1:00 Jam Session	31 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg			